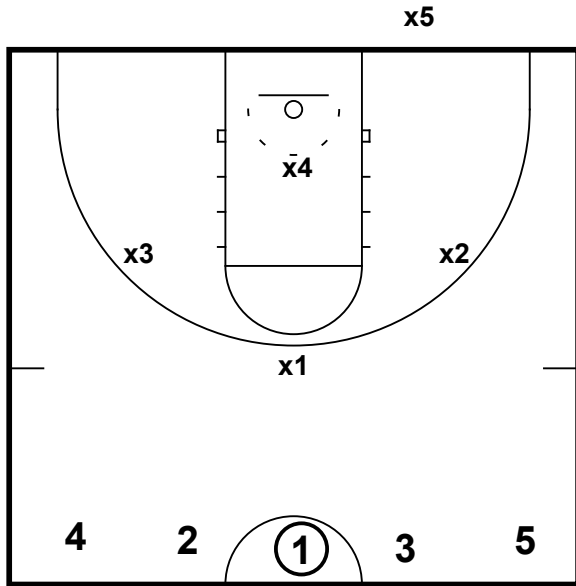
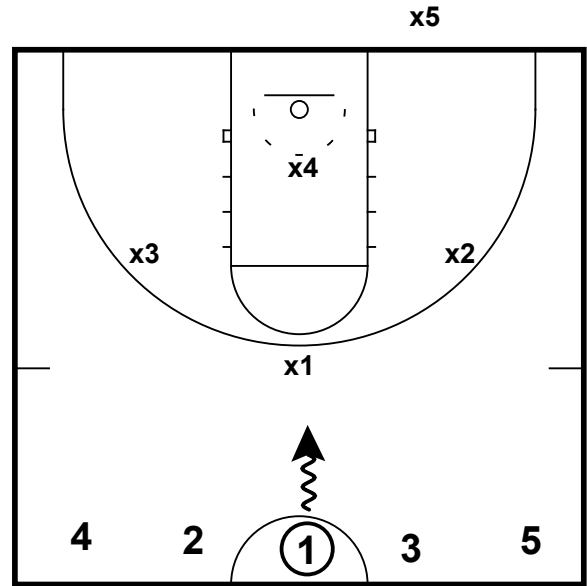


Van Gundy Drill
DRILL



Van Gundy Drill
DRILL



Initial Set Up

- Set clock at :12
- Play for time or number of possessions
- x5 is out of bounds (can be a guard or post)

- Offensive team looks to score vs 4 defenders
- Miss or Make the defensive team will look to attack, with x5 joining in