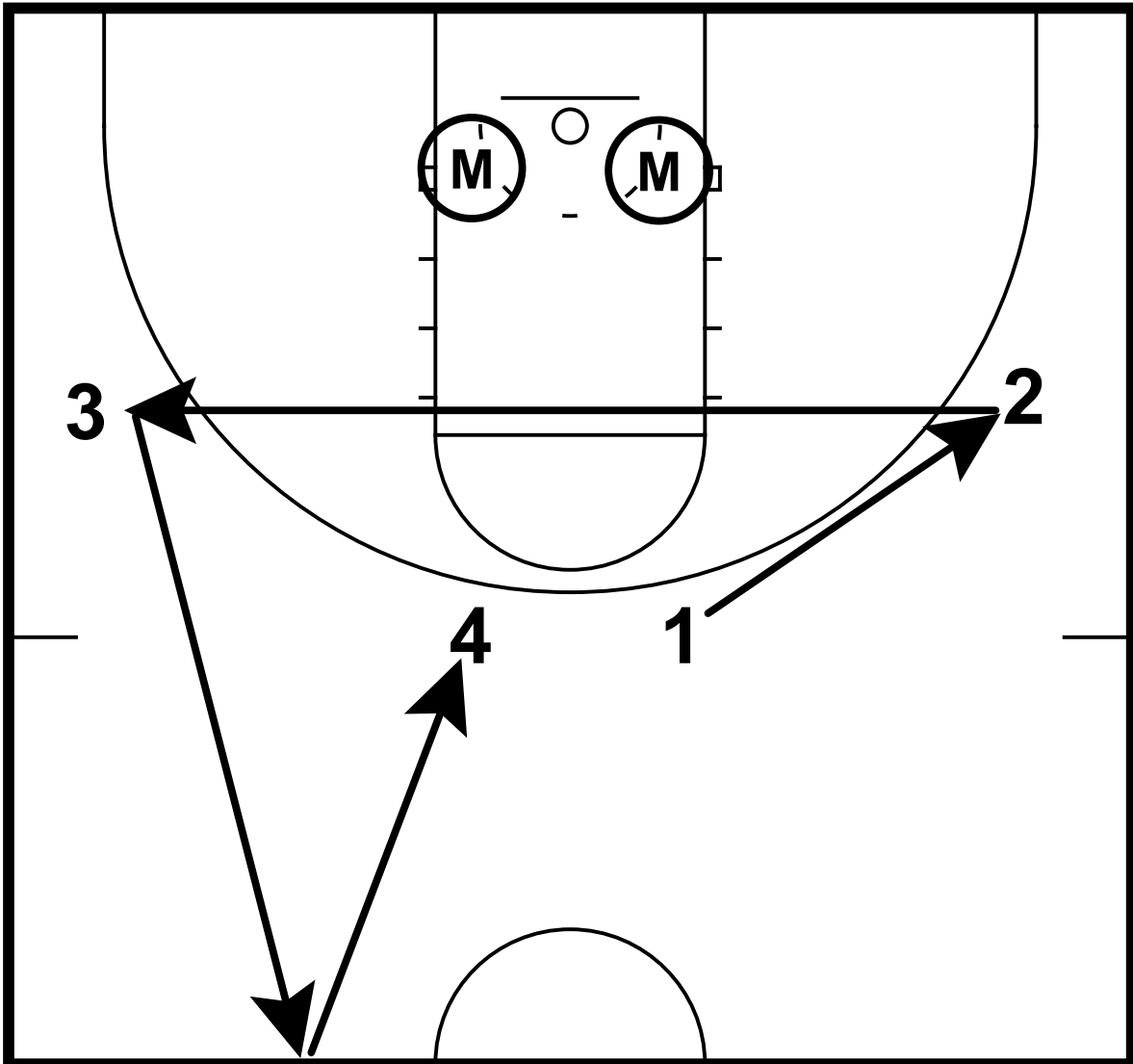


# JOU Binder

## Kobe DRILL



2 managers rebound  
clock starts on the first made 3pt @ top key.  
hit 3pt at 1 > sprint to 2, tap chair, catch+shoot 3 till made > sprint to 3 and repeat > sprint to half court then to 4